

KMA Sports Academy

Grow. Thrive. Succeed.

07885 381355

kma-sportsacademy.com

KUP GRADING FORM



THE GRADING FEE INCLUDES THE ISSUE OF A BOARD CERTIFICATE

AUG 00

1. To be completed by the candidate in **BLOCK CAPITALS**

Surname:		Club Name:	
Forenames:		Instructors Name:	
Address:		Time Training	
		Present Grade:	
		Lessons Since Last Grading:	
		Last Grading Date	
Postcode:		BT Licence Number	
Nationality:		Expiry Date:	
Date of Birth:		Fees Paid:	
Age:		Weight:	
I AGREE TO ABIDE BY THE GRADING RESULTS			
Signature:			

2. To be completed by the Examiner

(A) STANCES	Forward		Back		Horseriding		Walking		
(B) BLOCKS	Low		Middle		High		Other		
(C) HAND TECHNIQUES	Punch		Spearhand		Knifehand		X-Block		
	Elbow		Backfist		R.Punch		Other		
(D) KICKS	Front		Side		Turning		Back		
	Hook		Crescent		Axe		Pushing		
	R.Turning		Jumping		Other		Other		
(E) SPARRING	3-Step		1-Step		1-1		Free		
(F) PATTERNS	Ki-Cho 1		Taeguek 1		Taeguek 2		Taeguek 3		
	Taeguek 4		Taeguek 5		Taeguek 6		Taeguek 7		
	Taeguek 8								
(G) DESTRUCTION	Front Kick		Side Kick		Turning Kick		Back Kick		
	R.Turning		Axe Kick		Jumping Kick		Other		
	Punch		Knifehand		R.Knifehand		Backfist		

(H) EXAMINERS COMMENTS		
Continue overleaf if required	Overall Mark:	
	<div>PASS</div>	<div>FAIL</div>
	Grade Awarded:	Kup