## KMA Sports Academy Grow. Thrive. Succeed.

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## **KUP GRADING FORM**



## THE GRADING FEE INCLUDES THE ISSUE OF A BOARD CERTIFICATE

AUG 00

Surname:		Club Name:			
Forenames:	names: Instructor		ne:		
Address:		Time Training	Time Training		
		Present Grade:	Present Grade: Lessons Since Last Grading:		
		Lessons Since			
		Last Grading D	Last Grading Date		
Postcode:		BT Licence Nu	mber		
Nationality:		Expiry Date:			
Date of Birth:		Fees Paid:			
Age:		Weight:			
	I AGREE TO A	BIDE BY THE G	RADING RESULT	r <u>s</u>	
Signature:					
(A) OTANOEO	Famound	Deals	Hana ani din n	Mara Hadan as	
(A) STANCES	Forward	Back	Horseriding High	Walking	
(B) BLOCKS	Low	Middle	High	Other	
(A) STANCES (B) BLOCKS (C) HAND TECHNIQUES	Low Punch	Middle Spearhand	High Knifehand	Other X-Block	
(B) BLOCKS (C) HAND TECHNIQUES	Low	Middle Spearhand Backfist	High Knifehand R.Punch	Other	
(B) BLOCKS	Low Punch Elbow	Middle Spearhand	High Knifehand	Other  X-Block Other  Back	
(B) BLOCKS (C) HAND TECHNIQUES	Low Punch Elbow Front	Middle Spearhand Backfist Side	High Knifehand R.Punch Turning	Other X-Block Other	
(B) BLOCKS (C) HAND TECHNIQUES (D) KICKS	Low Punch Elbow Front Hook	Middle Spearhand Backfist Side Crescent	High Knifehand R.Punch Turning Axe	Other X-Block Other Back Pushing	
(B) BLOCKS (C) HAND TECHNIQUES	Low Punch Elbow Front Hook R.Turning	Middle Spearhand Backfist Side Crescent Jumping	High Knifehand R.Punch Turning Axe Other	Other  X-Block Other  Back Pushing Other	
(B) BLOCKS (C) HAND TECHNIQUES (D) KICKS (E) SPARRING	Low Punch Elbow Front Hook R.Turning 3-Step	Middle Spearhand Backfist Side Crescent Jumping 1-Step	High Knifehand R.Punch Turning Axe Other	Other X-Block Other Back Pushing Other Free	
(B) BLOCKS (C) HAND TECHNIQUES (D) KICKS (E) SPARRING	Low Punch Elbow Front Hook R.Turning 3-Step Ki-Cho 1	Middle Spearhand Backfist Side Crescent Jumping 1-Step Taeguek 1	High Knifehand R.Punch Turning Axe Other 1-1 Taeguek 2	Other  X-Block Other  Back Pushing Other  Free Taeguek 3	
(B) BLOCKS (C) HAND TECHNIQUES (D) KICKS (E) SPARRING	Low Punch Elbow Front Hook R.Turning 3-Step Ki-Cho 1 Taeguek 4	Middle Spearhand Backfist Side Crescent Jumping 1-Step Taeguek 1	High Knifehand R.Punch Turning Axe Other 1-1 Taeguek 2	Other  X-Block Other  Back Pushing Other  Free Taeguek 3	
(B) BLOCKS (C) HAND TECHNIQUES (D) KICKS (E) SPARRING (F) PATTERNS	Low Punch Elbow Front Hook R.Turning 3-Step Ki-Cho 1 Taeguek 4 Taeguek 8	Middle Spearhand Backfist Side Crescent Jumping 1-Step Taeguek 1 Taeguek 5	High Knifehand R.Punch Turning Axe Other 1-1 Taeguek 2 Taeguek 6	Other  X-Block Other  Back Pushing Other  Free Taeguek 3 Taeguek 7	
(B) BLOCKS (C) HAND TECHNIQUES (D) KICKS (E) SPARRING (F) PATTERNS	Low Punch Elbow Front Hook R.Turning 3-Step Ki-Cho 1 Taeguek 4 Taeguek 8 Front Kick	Middle Spearhand Backfist Side Crescent Jumping 1-Step Taeguek 1 Taeguek 5 Side Kick	High Knifehand R.Punch Turning Axe Other 1-1 Taeguek 2 Taeguek 6	Other  X-Block Other  Back Pushing Other  Free Taeguek 3 Taeguek 7	
(B) BLOCKS (C) HAND TECHNIQUES (D) KICKS (E) SPARRING (F) PATTERNS (G) DESTRUCTION	Low Punch Elbow Front Hook R.Turning 3-Step Ki-Cho 1 Taeguek 4 Taeguek 8 Front Kick R.Turning	Middle Spearhand Backfist Side Crescent Jumping 1-Step Taeguek 1 Taeguek 5 Side Kick Axe Kick	High Knifehand R.Punch Turning Axe Other 1-1 Taeguek 2 Taeguek 6  Turning Kick Jumping Kick	Other  X-Block Other  Back Pushing Other  Free Taeguek 3 Taeguek 7  Back Kick Other	
(B) BLOCKS (C) HAND TECHNIQUES (D) KICKS (E) SPARRING (F) PATTERNS (G) DESTRUCTION	Low Punch Elbow Front Hook R.Turning 3-Step Ki-Cho 1 Taeguek 4 Taeguek 8 Front Kick R.Turning	Middle Spearhand Backfist Side Crescent Jumping 1-Step Taeguek 1 Taeguek 5 Side Kick Axe Kick	High Knifehand R.Punch Turning Axe Other 1-1 Taeguek 2 Taeguek 6  Turning Kick Jumping Kick	Other  X-Block Other  Back Pushing Other  Free Taeguek 3 Taeguek 7  Back Kick Other	
(B) BLOCKS (C) HAND TECHNIQUES (D) KICKS (E) SPARRING (F) PATTERNS	Low Punch Elbow Front Hook R.Turning 3-Step Ki-Cho 1 Taeguek 4 Taeguek 8 Front Kick R.Turning	Middle Spearhand Backfist Side Crescent Jumping 1-Step Taeguek 1 Taeguek 5 Side Kick Axe Kick	High Knifehand R.Punch Turning Axe Other 1-1 Taeguek 2 Taeguek 6  Turning Kick Jumping Kick	Other X-Block Other Back Pushing Other Free Taeguek 3 Taeguek 7  Back Kick Other Backfist	FAIL